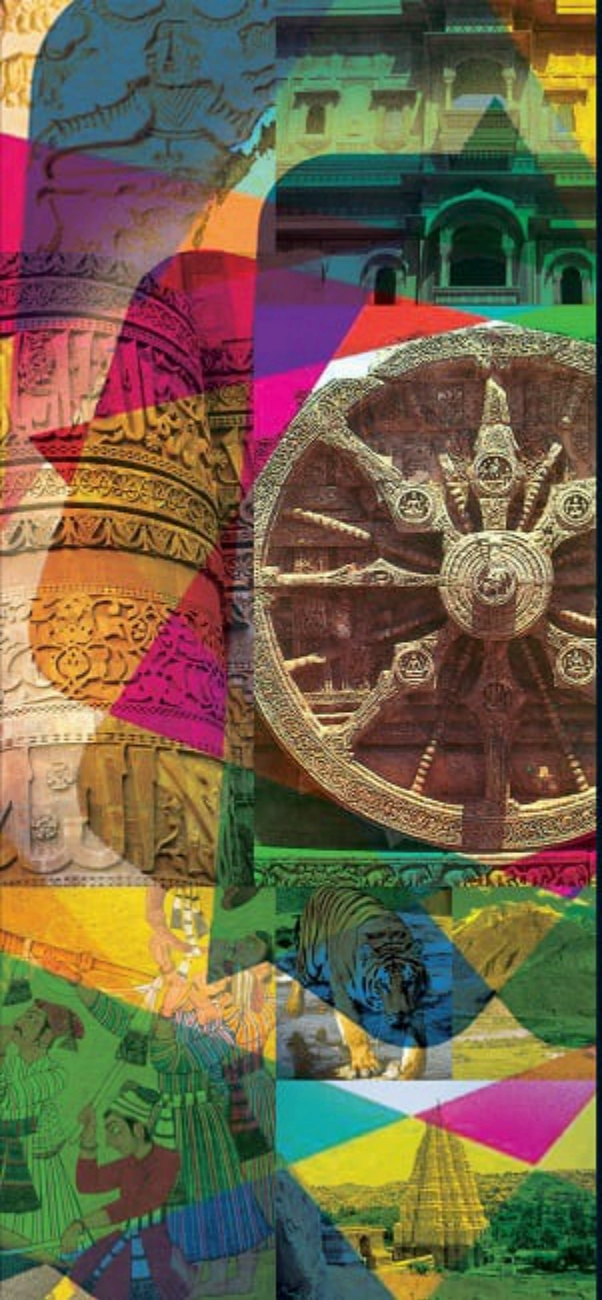


ESSENCE INTERNATIONAL SCHOOL

A UNIT OF MANGHAT MANI EDUCATIONAL INSTITUTE

INTACH HERITAGE CLUB

2025 -2026 ANNUAL REPORT

सरस्वती नमस्तुभ्यं वरदे कामरूपिणि।
विद्यारम्भं करिष्यामि सिद्धिर्भवतु मे सदा॥

O Goddess Saraswati, bless us with knowledge and success.

We envision dissemination of knowledge, care and nurturing of every child through Essence International School. Through change in education we look towards the infinite possibilities that can be created for the positive development of children and adults – be it through a discovery of the self, of the life cycle of a honey bee, of the principles of a flying machine or of the speed and precision with which communication systems are established.

The Indian National Trust for Art and Cultural Heritage is a non-profit charitable organisation registered under the Societies Registration Act, 1860. In 2007, the United Nations awarded INTACH a special consultative status with the United Nations Economic and Socia lCouncil.



The Intach Heritage Club programmes render young people an opportunity to voice their concerns and to become involved in the protection of the common cultural and natural heritage.

The Club tries to extend the understanding of various culture and traditions within School environment. All the activities conducted aim to connect students with their roots, encourage self - expression and integrate heritage education with modern learning.

I appreciate the efforts put in by all our teachers involved in this club for conduching enriching activities to sensitize students to the richness of our composite culture.

Director-Dr. Hema Menon



Our students are the true custodians of heritage,for it is through their curiosity, creativety and commitment that traditions find new meaning .

The Intach Heritage Club provides a wonderful platform to explore their roots, understand the stories of the past and express them through art, research, dialogue and celebration.

Every activity of the club encourages students to ask question, learning by doing and connect classroom learning with real life.As they document traditions , rediscover forgotten practices and appreciate cultural diversity, they develop pride in their identity along with respect for others.

This report stands as a reflection of students' creative expressions. I commend the members of Intach Club for their enthusiasm and initiativeness and teachers for guiding them with dedication and purpose.

May our students continue to learn from the past, live meaningfully inthe present and carry forward our heritage with confidence and responsibility.

Principal-Mrs.Beena Menon



The Intach Heritage club at the school fosters a sense a pride and responsibility in Students towards India's rich cultural and natural heritage. This year the students enthusiastically participated in all the events of the club. The Quiz, Gyan ki Tarangini, enabled the students to know more about the historical monuments and personalities in India. The folk dances from different States highlighted the importance of rituals that are conducted during the worship of the Goddess Durga differently in these states.

Thus the Intach Heritage Club is a laboratory to explore the links between history, culture and daily life and to make heritage an integral part of the learning process, connecting the past with the present.

"I appreciate the efforts of the team members for conducting enriching activities which help preserve our heritage.

So it may be said Heritage: The seed of our future.

Quality Coordinator-Mrs.Jayshri Sastri



My association with Essence International School has been especially meaningful because of the school's sincere and consistent efforts to root education in heritage, culture, and values. Through thoughtfully designed heritage-oriented activities, the school has successfully connected young minds to India's rich cultural legacy, nurturing respect for history, traditions, and collective identity from an early age.

I deeply appreciate the vision of the school management and the leadership of the Principal, who have ensured that heritage education is not treated as a one-time event but as an integral part of the learning process. The school's approach towards experiential learning, through heritage walks, cultural explorations, celebrations, and awareness activities, truly reflects a progressive and responsible educational outlook.

A special word of appreciation for Vandana Shaw Ma'am, whose commitment and passion have played a crucial role in sensitising students towards heritage and culture. Her efforts in guiding, motivating, and engaging students with sincerity and enthusiasm have made heritage learning joyful, relevant, and impactful.
Essence International School stands as a commendable example of how schools can cultivate cultural sensitivity, pride, and responsibility among students while preparing them for the future.

I feel grateful to have been part of this journey and look forward to seeing the school continue its inspiring work in heritage education.

With warm regards,
Dr. Madhura Rathod



The Club Installation Ceremony

ESSENCE INTERNATINAL SCHOOL
AND
INTACH NAGPUR CHAPTER
PRESENTS

HERITAGE CLUB INSTALLATION CEREMONY



5 TH JULY , 2025 AT 9:30 AM

Convener : Dr. Madhura Rathod

Venue- KALA KAUSHALYA KENDRAM
(AUDITORIUM)
ESSENCE INTERNATIONAL SCHOOL
84/1 , NEAR GAJANAN MAHARAJ TEMPLE ,
HINGNA - AMRAVATI BY PASS ROAD ,
NAGALWADI , NAGPUR

Quality coordinator
Mrs. Jayshri Sastri

Directors
Mr. Vijay Menon
Mrs. Hema Menon

Principal
Mrs. Beena Menon


Essence International School
INTACH
HERITAGE
CLUB
Installation Ceremony







THE PLEDGE

I CARE FOR THE WONDERS OF NATURE THAT ARE MINE TO PROTECT FOR THE RICH NESS OF CULTURE THAT I PROMISE TO RESPECT FOR THE HERITAGE OF INDIA THAT IS OURS TO PROTECT.

The members from the school took the responsibility of learning and preserving the Culture and Heritage of India. The highlights of the programme was originally composed song dedicated by the School to the Intach Heritage Club and a traditional dance.

To add icing on the cake, the event was well adorned with number of awards from INTACH NAGPUR CHAPTER.

Welcoming of guests









New session new journey










Essence International School
INTACH
HERITA
CLUB






Essence International School


Essence International School
INTACH
HERITAGE
CLUB
Installation Ceremony


Essence International School





New wave of Inspiration



Passport and badges

|| Om Shri Ganeshay Namah ||

Jai Shree

GANESH



ACTIVITY 1

Ganesh Clay Idol Making Workshop



Essence International School

INTACH HERITAGE CLUB

Workshop On Ganesh Clay Idol Making

Young sculptors of EIS



The INTACH Heritage Club of Essense International School conducted a soulful and creative Workshop on Lord Ganesha Clay Idol Making, celebrating culture, tradition and eco-consciousness.


ESSENCE INTERNATIONAL SCHOOL
INTACH
HERITAGE
CLUB









Young sculptors in action









The event was meticulously coordinated by the INTACH Heritage Convener, Mrs. Vandana Shaw, along with in-charge teachers Mrs. Anamika Sahu, Mrs. Ashwini Raut, and Mrs. Pallavi Giri. Even the Pre-Primary kids joined in, exploring the workshop with curiosity and wonder, adding innocence and delight to the event.

The workshop beautifully blended devotion with creativity, leaving the children inspired, connected to heritage and proud of their cultural roots.

The initiative was well appreciated by the Principal, Mrs. Beena Menon, and the Quality Coordinator, Mrs. Jayshri Sastri, for its cultural depth and creative execution.

GLIMPSES OF CUTE LORD GANESHA Created with LOVE AND PASSION by the Young Sculptors of the school.

The Intach Heritage Club of Essence International school organized a creative activity on Idol Making of Lord Ganesha under the guidance of Kapil sir and Ashwini ma'am.

Students enthusiastically participated and prepared eco-friendly idols using clay and natural materials. The activity helped them connect with our cultural traditions while also spreading awareness about protecting the environment. The joy and creativity on the faces of the children reflected the true spirit of heritage and sustainability.










ACTIVITY - 2

DEVOTIONAL SONGS ON MAA DURGA



ॐ सर्वमंगल मांगल्ये शिवे सर्वार्थसाधिके।
शरण्ये त्रयम्बके गौरी नारायणी नमोस्तुते।।

PRESENTS

DEVOTIONAL SONGS ON MAA DURGA



Date- 27th September, 2025
Time- 9 : 45 AM

Venue- KALA KAUSHALYA KENDRAM (AUDITORIUM)
ESSENCE INTERNATIONAL SCHOOL
84/1 , NEAR GAJANAN MAHARAJ TEMPLE , HINGNA - AMRAVATI BY PASS ROAD , NAGALWADI , NAGPUR

Quality coordinator
Mrs. Jayshri Sastri

Principal
Mrs. Beena Menon

Directors
Mr. Vijay Menon
Mrs. Hema Menon

Echoes of Shakti Fill the Air at Essence International School

The vibrant Essence International School and the dynamic INTACH Club celebrate Maa Durga with devotion and grace

The campus of Essence International School resonated with devotion and festive fervour as students offered a soulful tribute to Maa Durga. The program featured devotional songs and dances from Karnataka, Chhattisgarh, Maharashtra and West Bengal, each capturing the unique rhythm and spirit of its region. The atmosphere brimmed with divine energy as the jaikara of Maa Durga reverberated through the hall.

The icing on the cake was the heartfelt Kannada song sung by Quality Coordinator Mrs. Jaishri Sastri, which left the audience spellbound. The program was seamlessly organized under the guidance of INTACH Club Convenor Vandana Shaw and In-charge teachers Anamika Sahoo, Ashwini Raut, and Pallavi Giri. Lending their artistry, music teachers Hemlata Bhende, Manish Nilatkar, and Manoj Kushwah, along with dance teacher Kavita Dhawale, enriched the event with rhythm and grace.

The shankh naad by Mallika Nandi brought a powerful aura of sanctity, while the PPT created by Nishikant Sahare added a vibrant visual dimension. Together, the songs, dances, and devotion wove a magical tapestry of culture and faith, leaving every heart touched by the power of Shakti.






ESSENCE INTERNATIONAL SCHOOL
&
INTACH
Nagpur Chapter
HERITAGE CLUB


INTACH
Nagpur Chapter


INTACH
Nagpur Chapter
HERITAGE CLUB


INTACH




INTACH



Mrs. Vandana Shaw



Quality coordinator
Mrs. Jayshri Sastri











Echoes of Shakti Fill the Air at Essence International School











Maa Durga inspires courage in every heart.





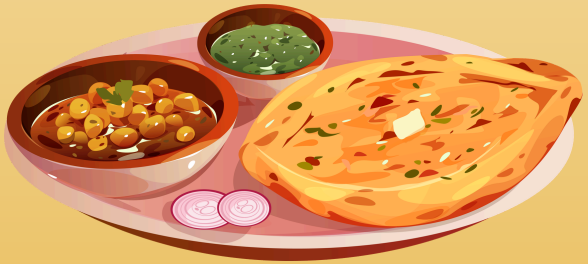


ACTIVITY - 3

TRADITIONAL RECIPES OF INDIA




TRADITIONAL RECIPES
OF INDIA
ESSENCE INTERNATIONAL
SCHOOL
&
INTACH
Nagpur Chapter
HERITAGE CLUB
84/1,Nagarwadi, Near Gajanan Maharaj Temple, Hingna - Amravati By pass Road, Nagpur 440023.
essenceintschool@gmail.com | Contact: 7507710044, 9673991155





एसेंस इंटरनेशनल स्कूल में इंटैक हेरिटेज क्लब द्वारा पारंपरिक व्यंजन गतिविधि का आयोजन दिनांक 17/10/2025 को किया गया। इस कार्यक्रम का उद्देश्य भारत की समृद्ध पाक विरासत (culinary heritage) के प्रति जागरूकता और सम्मान बढ़ाना था। इसका मुख्य लक्ष्य विद्यार्थियों को अपने परिवारों में पीढ़ियों से बनाए जाने वाले पारंपरिक व्यंजनों को प्रस्तुत करने और उनके महत्व को समझने के लिए प्रेरित करना था।

विद्यार्थियों ने उत्साहपूर्वक भाग लिया और देश के विभिन्न राज्यों के पारंपरिक व्यंजन घर पर बनाकर लाए। प्रत्येक प्रतिभागी ने अपने व्यंजन की जानकारी दी — उसमें प्रयुक्त सामग्री, बनाने की विधि, और उससे जुड़ा सांस्कृतिक या त्यौहारिक महत्व बताया। पूरे कार्यक्रम का वातावरण स्वादिष्ट सुगंध और उत्साह से भर गया।

विद्यालय की प्रिंसिपल श्रीमती बीना मेनन तथा क्वालिटी कोऑर्डिनेटर श्रीमती जयश्री शास्त्री मैडम ने विद्यार्थियों के प्रयासों की सराहना की और आधुनिक जीवनशैली में पारंपरिक भोजन संस्कृति को सुरक्षित रखने के महत्व पर जोर दिया। इस गतिविधि ने विद्यार्थियों को अपनी जड़ों से जुड़ने और भारतीय व्यंजनों की विविधता को समझने का अवसर दिया।

अंत में, हेरिटेज क्लब द्वारा आयोजित पारंपरिक व्यंजन गतिविधि एक ज्ञानवर्धक और आनंददायक अनुभव रहा, जिसने भारत के स्वाद और परंपरा का उत्सव मनाया।




INTACH
HERITAGE CLUB


INTACH
HERITAGE CLUB





Quiz Time!

Activity - 4

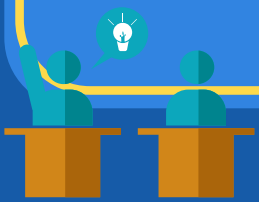
INTACH HERITAGE QUIZ

GYAN KI TARANGINI

INTACH HERITAGE QUIZ

GYAN KI TARANGINI

3rd December, 2025,
10:00 am





Venue- KALA KAUSHALYA KENDRAM (AUDITORIUM)
ESSENCE INTERNATIONAL SCHOOL
84/1 , NEAR GAJANAN MAHARAJ TEMPLE , HINGNA - AMRAVATI BY PASS ROAD , NAGALWADI , NAGPUR

Quality coordinator
Mrs. Jayshri Sastri

Principal
Mrs. Beena Menon

Directors
Mr. Vijay Menon
Mrs. Hema Menon



As the name suggests so was the activity where the river of knowledge was flowing in true sense.

A Heritage Quiz was conducted by the INTACH HERITAGE CLUB OF ESSENCE INTERNATIONAL SCHOOL, to promote awareness and appreciation of our cultural, historical,and architectural legacy.

Intach Club Members from various classes enthusiastically participated, showcasing their knowledge of monuments, traditions, historical events, and famous personalities.

The quiz consisted of multiple rounds, including visual identification, rapid-fire questions, and general knowledge. Participants displayed keen interest and competitive spirit throughout the event. The audience was also engaged through interactive questions, making the session lively and informative.

The event successfully fulfilled its objective of encouraging students to learn about and take pride in our rich heritage. Winners were awarded medals and all the participants were appreciated for their active involvement. Overall, the Heritage Quiz was an educational and enjoyable experience for everyone and the efforts of the teachers Vandana Shaw, Anamika Sahoo, Ashwini Raut, Pallavi Giri, Ashwini Bhatarkar and Nishikant Sahare was greatly appreciated by the Respected Quality Coordinator Mrs. Jaishri Sastri.




INTACH HERITAGE
QUIZ
GYAN KI TARANGINI
INTACH
ESSENCE INTERNATIONAL SCHOOL
Godavari
Narmada
Yamuna
Ganga


INTACH HERITAGE
QUIZ
GYAN KI TARANGINI
INTACH
Godavari




Ganga




Narmada








ESSENCE INTERNATIONAL SCHOOL
Yamuna






GYAN KI TARANGINI
INTACH
HERITAGE CLUB

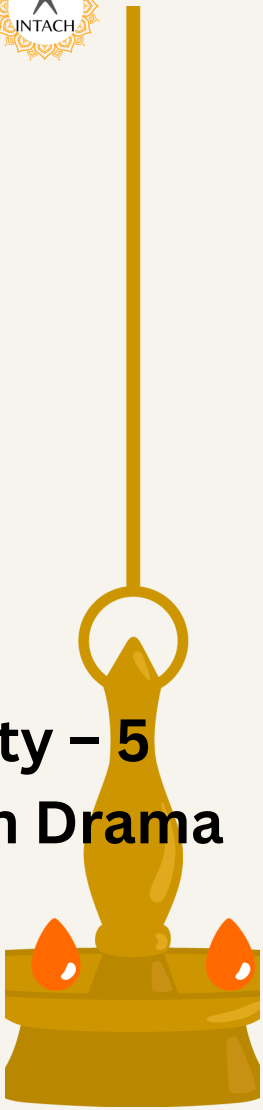

INTACH HERITAGE
QUIZ
GYAN KI TARANGINI
ESSENCE INTERNATIONAL
SCHOOL
&
INTACH
Nagpur Chapter


Godavari
Narmada


INTACH HERITAGE
QUIZ
GYAN KI TARANGINI
INTACH


GYAN KI TARANGINI
INTACH





Activity – 5
Ramayan Drama





Ramayan Drama Presentation

Essence International School celebrated Hindi Diwas with great enthusiasm under the banner of the Intach Heritage Club. On this occasion, students presented a meaningful and culturally rich drama based on the epic Ramayan, highlighting the importance of Hindi language and Indian heritage.

The programme was organized to promote respect for Hindi as our national language and to familiarize students with India's glorious cultural and moral values. Students enacted important episodes from the Ramayan with confidence and devotion. The characters of Lord Rama, Sita, Lakshman, Hanuman, and Ravana were portrayed effectively, leaving a deep impact on the audience.


ESSENCE INT

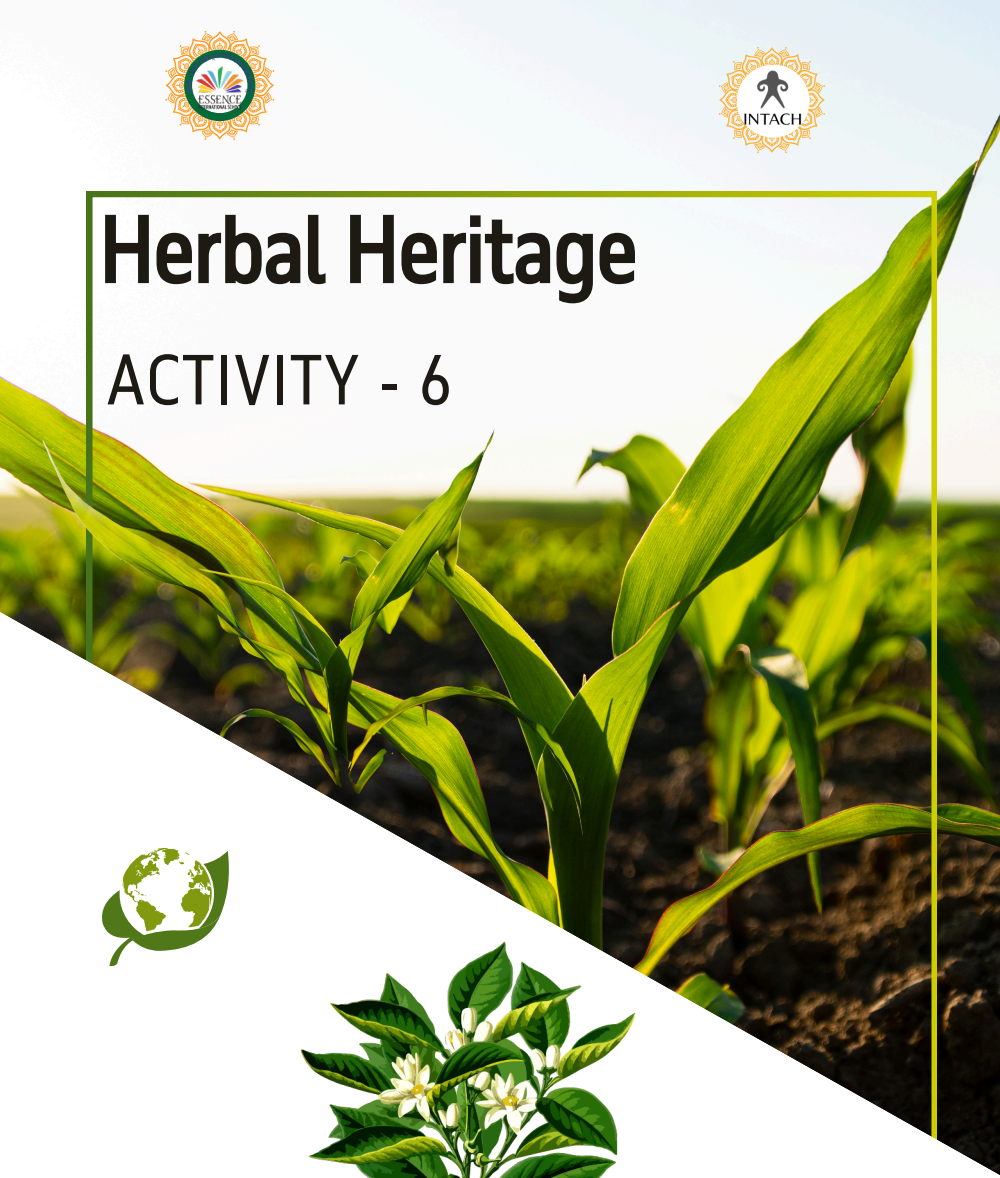






Herbal Heritage

ACTIVITY - 6



Essence International School organized a Herbal Plantation Drive under the Herbal Heritage Programme for students .

The activity aimed to create awareness about medicinal plants and environmental conservation. Students planted herbs such as Tulsi, Aloe Vera, Mint, and turmeric in the school campus. Teachers guided them on proper planting and care of the saplings. The students participated with great enthusiasm and learned about the uses and importance of herbs.

The programme helped to inculcate a sense of responsibility towards nature and promoted eco-friendly habits among students. The activity was informative, enjoyable, and successful.









ACHIEVEMENTS

NATIONAL LEVEL- 2nd POSITION

BEST INTACH HERITAGE CLUB







BEST INTACH HERITAGE CLUB FROM INTACH NAGPUR CHAPTER



Mrs. Vandana Shaw



Mrs. Anamika Sahoo

BEST INTACH HERITAGE CLUB TEACHERS-2



Miss Yashika Khandelwal



Miss Ekta Salotkar

BEST INTACH HERITAGE CLUB STUDENTS -2



Trophies



Rugved Ullewar
Learning about local history and traditions was a great experience



Chaitanya Hargude
I learnt preserving cultural heritage for future generations



Aarohi Singh
I enjoyed participating in cultural events and activities



Vedika Bhujade
It helped me in developing new skills like traditional crafts



Bhavika Gudadhe
The activities helped in promoting cultural exchange and understanding



Aarohi Ekonkar
Preserving heritage fosters a sense of pride and ownership among club members.



Sarvadnya Bansod
Heritage preservation helps pass down traditions, customs, and values to future generations



Naisha Dhuriya
I enjoyed and learnt a lot from all the activities



Drishti Debnath
All the activities provided good knowledge about our Indian heritage



The Intach Heritage Club of our school is an important medium for understanding and appreciating our country's rich culture, traditions, and heritage. I like the Heritage Club very much because it goes beyond bookish knowledge and connects us with our roots.Through the Heritage Club, we get opportunities to learn about Indian history, culture, festivals, folk arts, traditional food, great personalities and the history and historical heritage of our country through interesting activities. Learning through plays, speeches, poster-making, exhibitions and cultural programs has been a unique experience.By joining the Heritage Club, I felt very happy and proud. This club boosted my confidence and provided a platform to showcase my talents. It also helped me develop qualities such as teamwork, discipline and leadership. I got the opportunity to understand my Indian culture more deeply. Thus, the Heritage Club is not only informative but also teaches us to take pride in our cultural identity. This is why I like the Heritage Club very much.

Anamika sahu
Teacher- Essence International School
Incharge- Intach Heritage Club



Being a part of the Intach Heritage Club is a meaningful experience for me as a teacher. This club helps students connect with India's rich cultural and natural heritage beyond textbooks. Through activities like projects, discussions and creative work, students learn to respect monuments, traditions, local history and the environment. The club nurtures curiosity, responsibility and pride in our heritage. I strongly believe that such experiences shape students into aware, sensitive and responsible citizens who value and protect our heritage for future generations.

Ashwini Raut
Teacher- Essence International School
Incharge- Intach Heritage Club



Being associated with the INTACH Heritage Club has been a rewarding journey for me as an educator. It offers students an opportunity to explore India's vast cultural and natural heritage in a hands-on and meaningful manner going beyond classroom learning. Through activities such as projects, discussions, creative expressions, and field-based learning, students develop an understanding of monuments, traditions, local history, and environmental conservation. The club encourages curiosity, responsibility, and a sense of pride in our heritage. I firmly believe that these experiences help shape students into thoughtful, aware and responsible citizens who are committed to preserving our heritage for generations to come.

MrsPallavi Giri
Teacher- Essence International School
Incharge- Intach Heritage Club



Guided by the inspiring words and vision of the Director of Essence International School and deeply aligned with the philosophy of the INTACH Heritage Club, my journey as Convenor has been one of purpose and quiet determination. The emphasis on heritage as a living, evolving responsibility has continually shaped our approach- encouraging students to look beyond the immediate and engage with the larger cultural narrative. Under the mentorship of Principal and Quality Cordinator, the journey of this session proved to be fruitful and enjoyable.

In the coming years, I aspire to strengthen this engagement through consistent, meaningful initiatives that connect local heritage to global perspectives. While our goals remain grounded and realistic, they are driven by the belief that sustained effort and intellectual rigour lead to lasting rewards- both institutional and personal. The satisfaction lies not only in recognition, but in contributing to a larger picture where Essence International School and INTACH HERITAGE CLUB stand as thoughtful participants in global heritage discourse. It is this balance of ambition, responsibility, and fulfilment that continues to guide our work.

Mrs. Vandana Shaw

Teacher- Essence International Schdo

Convenor- Intach Heritage Club

Reports written by-

Mrs. Anamika Sahoo
Mrs. Sajitha Shridharan
Mrs. Vandana Shaw

Reports compiled by-

Mrs. Pallavi Giri
Miss Swarna Moris
Mrs. Vandana Shaw

